

11 Special Interest - Fitness

READING PROGRESS 6th - 8th GRADE

Ages 12 - 14 yrs

This class will focus on building a student's strengths within their individual challenges with comprehension, phonics, writing, vocabulary, etc. **A material fee of \$5 is due to the instructor on the first class meeting. No class November 29th and December 23rd-31st. Class begins September 4th.**

INSTRUCTOR: Linnie Sohler

LOCATION: El Salvador Center, 1825 W. Civic Center Dr, Santa Ana, (714) 647-6558

BARCODE	DAY	TIME	SESSION	COST
5205	Wed & Fri	3:00 PM - 4:00 PM	September	\$50
5206	Wed & Fri	3:00 PM - 4:00 PM	October	\$50
5207	Wed & Fri	3:00 PM - 4:00 PM	November	\$50
5208	Wed & Fri	3:00 PM - 4:00 PM	December	\$50

READING PROGRESS 8th - 12th GRADE

Ages 12 - 17 yrs

These students will focus on Language Arts concepts which need improving: writing, grammar, conventions, comprehension, for example. **A material fee of \$5 is due to the instructor on the first class meeting. No class November 29th and December 23rd-31st. Class begins September 4th.**

INSTRUCTOR: Linnie Sohler

LOCATION: El Salvador Center, 1825 W. Civic Center Dr, Santa Ana, (714) 647-6558

BARCODE	DAY	TIME	SESSION	COST
5209	Wed & Fri	4:00 PM - 5:00 PM	September	\$50
5210	Wed & Fri	4:00 PM - 5:00 PM	October	\$50
5211	Wed & Fri	4:00 PM - 5:00 PM	November	\$50
5212	Wed & Fri	4:00 PM - 5:00 PM	December	\$50

INTRODUCTION TO YOGA

Ages 16 - 99 yrs

Do you feel lost in yoga classes? This is a class for you! Introduction to beginning yoga class provides you the tools you need to be safe and have fun in your yoga practice. The students will gain knowledge about proper alignment of basic poses, modifications for injuries, and proper breathing techniques. In this class, the instructor will break down the postures and sequence step by step and students are encouraged to ask questions. Find peace in your mind and strength in your body. Bring a yoga mat! **Daily Drop-In registration available at Recreation Center: Drop-In fee: \$6. No class September 2nd, November 9th, 11th and December 21st-31st. Class begins September 7th.**

INSTRUCTOR: Chihiro Sano

LOCATION: El Salvador Center, 1825 W. Civic Center Dr, Santa Ana, (714) 647-6558

BARCODE	DAY	TIME	MONTH	COST
4806	Mon	6:00 PM - 6:50 PM	September	\$20
4807	Mon	6:00 PM - 6:50 PM	October	\$20
4808	Mon	6:00 PM - 6:50 PM	November	\$20
4809	Mon	6:00 PM - 6:50 PM	December	\$20

LOCATION: Memorial Center, 2102 S. Flower St., Santa Ana (714) 571-4242

BARCODE	DAY	TIME	MONTH	COST
4810	Sat	9:00 AM - 9:50 AM	September	\$20
4811	Sat	9:00 AM - 9:50 AM	October	\$20
4812	Sat	9:00 AM - 9:50 AM	November	\$20
4813	Sat	9:00 AM - 9:50 AM	December	\$20

MINDFULNESS/CONNECTING MIND & BODY/ BELLY BUTTON HEALING

Ages 10 - 95 yrs

Increase flexibility and strength, improves energy circulation and alignment. Learn to relax and shift your focus from busy thoughts through brain wave vibration and other moving meditation forms. Through deep breathing exercises and postures help to recharge your body and clear your mind. Learn to gather refreshing energy after removing stagnant energy. Rebalance your body and learn to keep a peaceful and confident mind. Open, activate and balance your chakras and experience belly button healing for maximum energy circulation and healthy internal organs. **No class December 24th and 31st. Class begins September 3rd.**

INSTRUCTOR: Roxanne M Zavala

LOCATION: Jerome Center, 726 S. Center St., Santa Ana, (714) 647-6559

BARCODE	DAY	TIME	MONTH	COST
4814	Tue	7:00 PM - 8:30 PM	September	\$30
4815	Tue	7:00 PM - 8:30 PM	October	\$30
4816	Tue	7:00 PM - 8:30 PM	November	\$30
4817	Tue	7:00 PM - 8:30 PM	December	\$30



FAMILY BRAIN WELLNESS

Ages 3 - 65 yrs

Learn how to develop your brain power to create, happier, and more peaceful life for you and your family. Family class includes specialized Brain Education games and activities to help families increase communication, respect and appreciation for one another. Come join us for lots of fun and laughter during this special time connecting with your family! We teach parents and children mindfulness training and Brain Versatilizing using hundreds of physical and mental exercises to train them how to improve their focus and strengthen their attention span. Your children will get to know and appreciate their strengths and good qualities, learn to embrace challenges, believe in their abilities, improve their creativity and manage their stress and emotional wellness. **\$40 per family. No class November 28th, December 26th. Class begins September 5th.**

INSTRUCTOR: Roxanne M Zavala

LOCATION: Jerome Center, 726 S. Center St., Santa Ana, (714) 647-6559

BARCODE	DAY	TIME	MONTH	COST
4818	Thu	7:00 PM - 8:00 PM	September	\$40
4819	Thu	7:00 PM - 8:00 PM	October	\$40
4820	Thu	7:00 PM - 8:00 PM	November	\$40
4821	Thu	7:00 PM - 8:00 PM	December	\$40

KID ZUMBA

Ages 2 - 11 yrs

A recent study shows that 37% of children 2-11 years old are overweight and or do not get the exercise that they need every day. This class blends exercise drills and fun with Zumba. Jumping, running, ladder drills and much more. **No class September 2nd, November 11th, 28th, 29th and December 20th- 31st. Class begins September 3rd.**

INSTRUCTOR: LaVerne Davis

LOCATION: El Salvador Center, 1825 W. Civic Center Dr, Santa Ana, (714) 647-6558

BARCODE	DAY	TIME	MONTH	COST
5269	Wed & Fri	5 :00 PM - 5:50 PM	September	\$20
5270	Wed & Fri	5 :00 PM - 5:50 PM	October	\$20
5271	Wed & Fri	5 :00 PM - 5:50 PM	November	\$20
5272	Wed & Fri	5 :00 PM - 5:50 PM	December	\$20

BARCODE	DAY	TIME	MONTH	COST
5273	Wed	5 :00 PM - 5:50 PM	September	\$10
5274	Wed	5 :00 PM - 5:50 PM	October	\$10
5275	Wed	5 :00 PM - 5:50 PM	November	\$10
5276	Wed	5 :00 PM - 5:50 PM	December	\$10

BARCODE	DAY	TIME	MONTH	COST
5277	Fri	5 :00 PM - 5:50 PM	September	\$10
5278	Fri	5 :00 PM - 5:50 PM	October	\$10
5279	Fri	5 :00 PM - 5:50 PM	November	\$10
5280	Fri	5 :00 PM - 5:50 PM	December	\$10

GENTLE YOGA EN ESPAÑOL

Ages 18 - 80 yrs

La practica esta diseñada a un ritmo mas lento y se centra en estiramientos suaves abriendo el camino intenso para un flujo lento y mas fuerte. Series de posturas con simple transicion de alineacion, tomando conciencia y atencion plena en los movimientos. Esta clase permite modificar cada postura en lo mejor que se adapte a tu cuerpo. Ayuda a relajarse profundamente el cuerpo. Aumenta la flexibilidad y el balance trayendo sensacion de calma y bienestar. Sumamente accesible a cualquier persona. **No class November 28th and December 24th-31st. Class begins September 5th.**

INSTRUCTOR: Isabel Szulc

LOCATION: Jerome Center, 726 S. Center St., Santa Ana, (714) 647-6559

BARCODE	DAY	TIME	SESSION	COST
4826	Thu	11:00 AM - 12:00 PM	September	\$25
4827	Thu	11:00 AM - 12:00 PM	October	\$25
4828	Thu	11:00 AM - 12:00 PM	November	\$25
4829	Thu	11:00 AM - 12:00 PM	December	\$25

HATHA YOGA EN ESPAÑOL

Ages 18 - 80 yrs

Ofrece el balance de la mente y cuerpo practicando con sabiduria de los muchos y ricos linajes de Yoga asanas (posturas). Los beneficios son innumerables a traves de secuencias fortaleciendo con flexibilidad las posturas. Hatha clases es apropiado para principiantes en aprender basico fisico asanas (posturas) pero tambien ofrece la opcion para Yoga con experiencias que quieredn desafiarse a si mismo. Eseta clase te dejara sintiendo el musculo estirado y despierto mente relajada y calmada. Se utilizara accesorio y modificaciones. Esta clase es accesible para todos los niveles. **No class November 28th and December 24th-31st. Class begins September 5th.**

INSTRUCTOR: Isabel Szulc

LOCATION: Jerome Center, 726 S. Center St., Santa Ana, (714) 647-6559

BARCODE	DAY	TIME	SESSION	COST
4830	Thu	12:15 PM - 1:15 PM	September	\$25
4831	Thu	12:15 PM - 1:15 PM	October	\$25
4832	Thu	12:15 PM - 1:15 PM	November	\$25
4833	Thu	12:15 PM - 1:15 PM	December	\$25

CHAIR YOGA EN ESPAÑOL

Ages 18 - 80 yrs

Esta clase de yoga de la silla ofrece una equilibrada combinacion de atencion plena, suaves movimientos y poses. Las secuencias bien redondeadas y profundos ejercicios de respiracion permitira un estado de bienestar mental y fisico. **No class November 29th and December 24th-31st. Class begins September 6th.**

INSTRUCTOR: Isabel Szulc

LOCATION: Jerome Center, 726 S. Center St., Santa Ana, (714) 647-6559

BARCODE	DAY	TIME	SESSION	COST
4834	Fri	10:30 AM - 11:30 AM	September	\$25
4835	Fri	10:30 AM - 11:30 AM	October	\$25
4836	Fri	10:30 AM - 11:30 AM	November	\$25
4837	Fri	10:30 AM - 11:30 AM	December	\$25

ZUMBA WITH MARIA

Ages 14 yrs & Up

Join me to dance away the pounds and daily stress. We'll dance salsa, cumbia, merengue, reggaeton and so much more. You'll feel like you're at a dance party and not a fitness class. Come have fun, lose weight and let loose! **Drop in fee \$5, only available at El Salvador Center. No class September 2nd, October 31st, November 11th, 28th and December 16th- 31st. Class begins September 3rd.**

INSTRUCTOR: Maria Madrigal

LOCATION: El Salvador Center, 1825 W. Civic Center Dr, Santa Ana, (714) 647-6558

BARCODE	DAY	TIME	MONTH	COST
4838	Mon-Thu	6:00 PM - 6:50 PM	September	\$40
4839	Mon-Thu	6:00 PM - 6:50 PM	October	\$40
4840	Mon-Thu	6:00 PM - 6:50 PM	November	\$40
4841	Mon-Thu	6:00 PM - 6:50 PM	December	\$20
4842	Mon, Tue & Thu	6:00 PM - 6:50 PM	September	\$30
4843	Mon, Tue & Thu	6:00 PM - 6:50 PM	October	\$30
4844	Mon, Tue & Thu	6:00 PM - 6:50 PM	November	\$30
4845	Mon, Tue & Thu	6:00 PM - 6:50 PM	December	\$15
4846	Mon & Wed	6:00 PM - 6:50 PM	September	\$25
4847	Mon & Wed	6:00 PM - 6:50 PM	October	\$25
4848	Mon & Wed	6:00 PM - 6:50 PM	November	\$25
4849	Mon & Wed	6:00 PM - 6:50 PM	December	\$12.50
4850	Tue & Thu	6:00 PM - 6:50 PM	September	\$25
4851	Tue & Thu	6:00 PM - 6:50 PM	October	\$25
4852	Tue & Thu	6:00 PM - 6:50 PM	November	\$25
4853	Tue & Thu	6:00 PM - 6:50 PM	December	\$12.50

ZUMBA WITH SILVIA

Ages 12 yrs & Up

Join Me! Easy follow steps, but effective to burn calories and release stress in a friendly and good energy environment. **Drop-In fee \$5, only available at Jerome Center. No class September 2nd, November 11th and December 23rd-31st. Class begins September 4th.**

INSTRUCTOR: Silvia Salgado

LOCATION: Jerome Center, 726 S. Center St., Santa Ana, (714) 647-6559

BARCODE	DAY	TIME	MONTH	COST
4854	Mon & Wed	7:00 PM - 7:50 PM	September	\$22
4855	Mon & Wed	7:00 PM - 7:50 PM	October	\$22
4856	Mon & Wed	7:00 PM - 7:50 PM	November	\$22
4857	Mon & Wed	7:00 PM - 7:50 PM	December	\$22

TONING WITH SILVIA

Ages 12 yrs & Up

Join me for 30 minutes of natural liposuction and strengthen your muscles, friendly and good energy environment. Bring your mats, weights, and stretch band. **Drop-In fee: \$5, only available at Jerome Center. no class September 2nd, November 11th, 29th and December 23rd-31st. Class begins September 4th.**

INSTRUCTOR: Silvia Salgado

LOCATION: Jerome Center, 726 S. Center St., Santa Ana, (714) 647-6559

BARCODE	DAY	TIME	MONTH	COST
4858	Mon & Wed	8:00 PM - 8:30 PM	September	\$15
4859	Mon & Wed	8:00 PM - 8:30 PM	October	\$15
4860	Mon & Wed	8:00 PM - 8:30 PM	August	\$15
4861	Mon & Wed	8:00 PM - 8:30 PM	December	\$15

BARCODE	DAY	TIME	MONTH	COST
4862	Wed & Fri	10:00 AM - 10:30 AM	September	\$15
4863	Wed & Fri	10:00 AM - 10:30 AM	October	\$15
4864	Wed & Fri	10:00 AM - 10:30 AM	November	\$15
4865	Wed & Fri	10:00 AM - 10:30 AM	December	\$15

LATIN ZUMBA FITNESS

Ages 12 yrs & Up

This is easiest way to lose weight, burn fat, learn to dance. Latin Zumba is the dance fitness class that needs no dance experience, come dance to the music and rhythms of the world, easy steps to follow, join us for this amazing fitness party! **Drop-In fee: \$5, only available at Salgado Center. No class September 2nd, November 11th, 29th and December 23rd-31st. Class begins September 4th.**

INSTRUCTOR: Denise Robles

LOCATION: Salgado Center, 706 N. Newhope St., Santa Ana, (714) 571-4267

BARCODE	DAY	TIME	MONTH	COST
4866	Mon, Wed & Fri	7:00 PM - 8:00 PM	September	\$25
4867	Mon, Wed & Fri	7:00 PM - 8:00 PM	October	\$25
4868	Mon, Wed & Fri	7:00 PM - 8:00 PM	November	\$25
4869	Mon, Wed & Fri	7:00 PM - 8:00 PM	December	\$25
4870	Mon & Wed	7:30 PM - 8:30 PM	September	\$20
4871	Mon & Wed	7:00 PM - 8:00 PM	October	\$20
4872	Mon & Wed	7:00 PM - 8:00 PM	November	\$20
4873	Mon & Wed	7:00 PM - 8:00 PM	December	\$20

LOCATION: Roosevelt Walker Center, 816 E. Chestnut Ave, Santa Ana, (714)-647-5220

BARCODE	DAY	TIME	MONTH	COST
4874	Mon, Wed & Fri	8:30 AM - 9:30 AM	September	\$25
4875	Mon, Wed & Fri	8:30 AM - 9:30 AM	October	\$25
4876	Mon, Wed & Fri	8:30 AM - 9:30 AM	November	\$25
4877	Mon, Wed & Fri	8:30 AM - 9:30 AM	December	\$25

ZUMBA with BLANCA

Ages 13 yrs & Up

Zumba step is a lower body-body workout that incorporates Zumba routines and step aerobics with Latin dance rhythms. Zumba Toning is for people who do their workout with toning sticks. It targets the abs, thighs, arms, and other muscles throughout the body. **No class September 2nd, November 11th, 28th, 29th and December 23rd-31st. Class begins September 3rd.**

INSTRUCTOR: Blanca Gonzalez

LOCATION: Memorial Center, 2102 S. Flower St., Santa Ana (714) 571-4242

BARCODE	DAY	TIME	MONTH	COST
4878	Mon-Thur	8:00 AM -9:00 AM	September	\$35
4879	Mon-Thur	8:00 AM -9:00 AM	October	\$35
4880	Mon-Thur	8:00 AM -9:00 AM	November	\$35
4881	Mon-Thur	8:00 AM -9:00 AM	December	\$35

LOCATION: El Salvador Center, 1825 W. Civic Center Dr, Santa Ana, (714) 647-6558

BARCODE	DAY	TIME	MONTH	COST
4882	Mon Tue & Fri	10:30 AM -12:30 PM	September	\$30
4883	Mon Tue & Fri	10:30 AM -12:30 PM	October	\$30
4885	Mon Tue & Fri	10:30 AM -12:30 PM	November	\$30
4886	Mon Tue & Fri	10:30 AM -12:30 PM	December	\$30

MEDITATION EN ESPAÑOL

Ages 18 - 80 yrs

Nos ayuda a re equilibrar la mente y el cuerpo donde son capaces de trabajar juntos en armonia. Enfocandonos en el presente, tranquilizando y poniendo en silencio nuestros pensamientos. crear la serenidad utilizando diferentes tecnicas de Meditacion. Incluyendo: una relajacion guiada, tomando conciencia de nuestra respiracion, visualizacion mental. La meditacion en una rutina diaria estando en silencio por unos minutos por dia, podria tener un efecto en su vida cotidiana donde la podria llevar. Hacia un estado de paz, tranquilidad mejorando la respiracion, durmiendo mayor, bajando los niveles de es-tres y conduciendo al relajamineto. **No class November 29th and December 24th-31st. Class begins September 6th.**

INSTRUCTOR: Isabel Szulc

LOCATION: Jerome Center, 726 S. Center St., Santa Ana, (714) 647-6559

BARCODE	DAY	TIME	SESSION	COST
4822	Fri	9:00 AM - 10:00 AM	September	\$25
4823	Fri	9:00 AM - 10:00 AM	October	\$25
4824	Fri	9:00 AM - 10:00 AM	November	\$25
4825	Fri	9:00 AM - 10:00 AM	December	\$25

ZUMBA with RAQUEL

Ages 10 - 80 yrs

Zumba class!! Come join me for a fun and full of energy class. Very easy steps for you to follow for an effective way to burn calories. I guarantee you are going to sweat. Come join me to release stress and have lots of fun. **Drop-In fee \$5, only available at Jerome Center. No class September 2nd, November 11th, 28th, 29th and December 23rd - 31st. Class begins September 3rd.**

INSTRUCTOR: Raquel Gutierrez

LOCATION: Jerome Center, 726 S. Center St., Santa Ana, (714) 647-6559

BARCODE	DAY	TIME	MONTH	COST
4887	Mon - Fri	8:45 AM - 9:45 AM	September	\$40
4888	Mon - Fri	8:45 AM - 9:45 AM	October	\$40
4889	Mon - Fri	8:45 AM - 9:45 AM	November	\$40
4890	Mon - Fri	8:45 AM - 9:45 AM	December	\$40

BARCODE	DAY	TIME	MONTH	COST
4891	Mon, Wed & Fri	8:45 AM - 9:45 AM	September	\$30
4892	Mon- Wed & Fri	8:45 AM - 9:45 AM	October	\$30
4893	Mon- Wed & Fri	8:45 AM - 9:45 AM	November	\$30
4894	Mon- Wed & Fri	8:45 AM - 9:45 AM	December	\$30

BARCODE	DAY	TIME	MONTH	COST
4895	Mon & Wed	8:45 AM - 9:45 AM	September	\$20
4896	Mon & Wed	8:45 AM - 9:45 AM	October	\$20
4897	Mon & Wed	8:45 AM - 9:45 AM	November	\$20
4898	Mon & Wed	8:45 AM - 9:45 AM	December	\$20

BARCODE	DAY	TIME	MONTH	COST
4901	Wed & Fri	8:45 AM - 9:45 AM	September	\$20
4902	Wed & Fri	8:45 AM - 9:45 AM	October	\$20
4903	Wed & Fri	8:45 AM - 9:45 AM	November	\$20
4904	Wed & Fri	8:45 AM - 9:45 AM	December	\$20

BARCODE	DAY	TIME	MONTH	COST
4905	Tue & Thu	8:45 AM - 9:45 AM	September	\$20
4906	Tue & Thu	8:45 AM - 9:45 AM	October	\$20
4907	Tue & Thu	8:45 AM - 9:45 AM	November	\$20
4908	Tue & Thu	8:45 AM - 9:45 AM	December	\$20

AEROBICS

Ages 15 yrs & Up

Aerobic dance class is designed for all people with beginning, and intermediate fitness skills. Aerobics is great for exercise. The instructor demonstrates techniques and methods of getting body muscle, flexibility and improves your cardiovascular system. Aerobic dance is a good way to reduce your cholesterol and improve circulation. **No class September 2nd, October 31st, November 11th, 28th and December 23rd-31st. Class begins September 3rd.**

INSTRUCTOR: Denise Robles

LOCATION: Salgado Center, 706 N. Newhope St., Santa Ana, (714) 571-4267

LEVEL: Beginning

BARCODE	DAY	TIME	MONTH	COST
4909	Mon & Wed	6:00 PM - 7:00 PM	September	\$20
4910	Mon & Wed	6:00 PM - 7:00 PM	October	\$20
4911	Mon & Wed	6:00 PM - 7:00 PM	November	\$20
4912	Mon & Wed	6:00 PM - 7:00 PM	December	\$20

4913	Tue & Thu	9:30 AM - 10:30 AM	September	\$20
4914	Tue & Thu	9:30 AM - 10:30 AM	October	\$20
4915	Tue & Thu	9:30 AM - 10:30 AM	November	\$20
4916	Tue & Thu	9:30 AM - 10:30 AM	December	\$20

LEVEL: Intermediate

BARCODE	DAY	TIME	MONTH	COST
4917	Tue & Thu	6:00 PM - 7:00 PM	September	\$20
4918	Tue & Thu	6:00 PM - 7:00 PM	October	\$20
4919	Tue & Thu	6:00 PM - 7:00 PM	November	\$20
4920	Tue & Thu	6:00 PM - 7:00 PM	December	\$20

4921	Tue & Thu	7:00 PM - 8:00 PM	September	\$20
4922	Tue & Thu	7:00 PM - 8:00 PM	October	\$20
4923	Tue & Thu	7:00 PM - 8:00 PM	November	\$20
4924	Tue & Thu	7:00 PM - 8:00 PM	December	\$20

AEROBICS

Ages 15 yrs & Up

Aerobics is a high calorie-burning workout done with a variety of music styles. This is a fun total body workout that accommodates all fitness levels. Combinations are easy to follow, upper body workout is done with hand weights and class ends with floor abdominal workouts. Bring a step, hand weights, mat and start getting in shape. **No class October 29th, 31st, November 26th, 28th and December 24th-31st. Classes begin September 3rd.**

INSTRUCTOR: Flor Hernandez

LOCATION: Jerome Center, 726 S. Center St., Santa Ana, (714) 647-6559

BARCODE	DAY	TIME	MONTH	COST
4925	Tue & Thu	6:00 PM - 6:50 PM	September	\$15
4926	Tue & Thu	6:00 PM - 6:50 PM	October	\$15
4927	Tue & Thu	6:00 PM - 6:50 PM	November	\$15
4928	Tue & Thu	6:00 PM - 6:50 PM	December	\$15

ZUMBA WITH LAVERNE

Ages 12- 90yrs

Enjoy a fitness workout that makes you burn off calories while having fun and making friends. Get healthy and burn the fat away, using simple easy to follow routines and plain old exercise. Tone your body, boost your metabolism and improve your coordination for a complete workout. **No class September 2nd, November 11th, 28th, 29th and December 20th- 31st. Class begins September 3rd.**

INSTRUCTOR: LaVerne Davis

LOCATION: Garfield Community Center, 501 N. Lacy St., Santa Ana, (714) 571-4288

BARCODE	DAY	TIME	MONTH	COST
5257	Tues & Thu	6:45 PM - 7:40 PM	September	\$20
5258	Tues & Thu	6:45 PM - 7:40 PM	October	\$20
5259	Tues & Thu	6:45 PM - 7:40 PM	November	\$20
5260	Tues & Thu	6:45 PM - 7:40 PM	December	\$20

BARCODE	DAY	TIME	MONTH	COST
5261	Mon	5:00 PM - 6:00 PM	September	\$10
5262	Mon	5:00 PM - 6:00 PM	October	\$10
5263	Mon	5:00 PM - 6:00 PM	November	\$10
5264	Mon	5:00 PM - 6:00 PM	December	\$10

LOCATION: El Salvador Center, 1825 W. Civic Center Dr, Santa Ana, (714) 647-6558

BARCODE	DAY	TIME	MONTH	COST
5265	Fri	6:00 PM - 6:55 PM	September	\$10
5266	Fri	6:00 PM - 6:55 PM	October	\$10
5267	Fri	6:00 PM - 6:55 PM	November	\$10
5268	Fri	6:00 PM - 6:55 PM	December	\$10

JUDO JUJITSU

JuDo Jujitsu class is a program which includes two workouts each week with exercising stretching, and learning self-defense. This program is designed for beginning to advance level students to get you into shape and introduce you to martial arts. Class is taught by Prof. Kevin Dalrymple eight-degree black belt in Danzan-Ryu jujitsu. **No class October 31st, November 28th and December 12th, 24th-31st. Class begins September 3rd.**

INSTRUCTOR: Prof. Kevin Dalrymple

LOCATION: Southwest Senior Center, 2201 W. McFadden Ave., Santa Ana, (714) 647-5306

Ages 6 - 14 yrs

BARCODE	DAY	TIME	MONTH	COST
4929	Tue & Thu	6:00 PM - 7:00 PM	September	\$25
4930	Tue & Thu	6:00 PM - 7:00 PM	October	\$25
2931	Tue & Thu	6:00 PM - 7:00 PM	November	\$25
4932	Tue & Thu	6:00 PM - 7:00 PM	December	\$25

Ages 14 -70 yrs

BARCODE	DAY	TIME	MONTH	COST
4933	Tue & Thu	7:00 PM - 8:00 PM	September	\$25
4934	Tue & Thu	7:00 PM - 8:00 PM	October	\$25
4935	Tue & Thu	7:00 PM - 8:00 PM	November	\$25
4936	Tue & Thu	7:00 PM - 8:00 PM	December	\$25

REGISTRATION POLICIES

- 1.) Classes will be cancelled if minimum enrollment is not met, so register early.
- 2.) The Parks, Recreation and Community Services Agency has the right to cancel or change any and all classes, activities or excursions without advance notice.

REFUND POLICIES

- 1.) Fees for one day classes, workshops, activities, programs and tours are non-refundable.
- 2.) If a class is cancelled or full, a refund will automatically be processed for the customer.
- 3.) Refund request must be submitted in writing to City of Santa Ana, William Sandoval, 1825 W. Civic Center Dr, Santa Ana, CA 92703.
- 4.) A refund will be mailed out to the customer and will take 6-8 weeks. No Cash Refunds Will Be Issued.
- 5.) No refunds will be made after the second class meeting.