

SEHUAME BU-JYUTSU

\$25/Month

Ages 4 - 18 yrs

This martial arts class has been designed to give students the tools to improve their self-esteem, motor skills and focus skills. The students will learn the importance of discipline and become more confident in their persona. The student will also develop a stronger body and a more positive frame of mind. This is a friendly environment where the children feel comfortable with each other as they share a common interest. Students involved in this Martial Arts class can establish a positive mindset and may create friendships for life. **Class begins June 4.**

INSTRUCTOR: Rodolfo R. Sehuame

LOCATION: Santa Anita Center, 300 S. Figueroa St., Santa Ana, (714) 647-6552

| DAY | TIME | AGES | LEVEL |
|----------|-------------------|------------|-----------|
| Mon, Wed | 6:00 PM - 7:00 PM | 4 - 18 yrs | Beginning |
| Mon, Wed | 7:00 PM - 8:00 PM | 8 - 18 yrs | Advance |

KARATE DO KIAI

\$30/Month

Ages 4 yrs & Up

Japanese style martial arts class. To improve one's self-discipline, physical and mental attributes. To help children become better students, and to encourage productive activities. Teach respect for one another. To help children become independent on their responsibilities and decisions. Programs for young children and their parents called "Baby Karate." This program encourages parents to be involved with their children in the class. \$50.00 for two classes (4 times a week), family (2 or more) \$25 per class. **Class begins June 4.**

INSTRUCTOR: Martin Torres

LOCATION: Jerome Center, 726 S. Center St., Santa Ana, (714) 647-6559

| DAY | TIME | AGES | LEVEL |
|----------|-------------------|------------|--------------------|
| Mon, Wed | 6:00 PM - 7:00 PM | 4 - 7 yrs | Baby Karate |
| Mon, Wed | 7:00 PM - 8:00 PM | 7 - 12 yrs | Beginning, Advance |
| Mon, Wed | 8:00 PM - 9:00 PM | 12 & up | Beginning, Advance |
| Tue, Thu | 7:00 PM - 8:00 PM | 5 - 12 yrs | All Levels |
| Tue, Thu | 8:00 PM - 9:00 PM | 5 & up | All Levels |

KARATE DO KIAI

\$20/Month

Ages 7 - 12 yrs

Japanese style martial arts class. To improve one's self-discipline, physical and mental attributes. To help children become better students, and to encourage productive activities. Teach respect for one another. To help children become independent on their responsibilities and decisions. **Class begins June 4.**

INSTRUCTOR: Martin Torres

LOCATION: Logan Center, 1009 N. Custer St., Santa Ana, (714) 571-4263

| DAY | TIME |
|----------|-------------------|
| Mon, Wed | 6:00 PM - 7:00 PM |

TAE KWON DO

\$20/Month

Ages 7 yrs & Up

Classes are offered for beginner, intermediate, and advance level children and adults. Learn this ancient martial art to develop self-defense techniques and skills that will help you increase endurance in physical fitness, motivation, and self esteem. All black belts will be certified by Kukkiwon, World TKD Headquarters from Korea. **Class begins June 2.**

INSTRUCTOR: Master Choc Le, 7th Degree Black Belt WTF

LOCATION: Salgado Center, 706 N. Newhope St., Santa Ana, (714) 571-4267

| DAY | TIME |
|-----|--------------------|
| Sat | 9:00 AM - 12:00 PM |

DANZAN RYU JIU-JITSU

\$20/Month

Ages 7 yrs & Up

Learn a weaponless art of defense against unarmed, armed and multiple attackers using hand techniques to escape from and to hold opponents; joint and wrist locks; throwing techniques; grappling techniques; combination techniques; advanced and master techniques. **Class begins June 5.**

INSTRUCTOR: Raymundo Suarez, 4th Dan, Shoshin Ryu Yudanshakai

LOCATION: Southwest Senior Center, 2201 W. McFadden Ave, Santa Ana, (714) 647-5306

| DAY | TIME | LEVEL |
|----------|-------------------|---------|
| Tue, Thu | 7:00 PM - 8:00 PM | Juniors |
| Tue, Thu | 8:00 PM - 9:00 PM | Adults |

KARATE

\$25/Month

Ages 7 yrs & Up

We offer a Traditional Japanese Martial Arts program to help develop self-confidence and improve physical conditioning. While growing in the spirit of courtesy, effort and discipline. Our training techniques are designed to make the body strong and hard. Quicken your hand, elbow and knee reflexes. Class is ongoing. **Class begins June 4.**

INSTRUCTOR: Peter Mangosing

LOCATION: Memorial Center, (714) 571-4242
Salgado Center, (714) 571-4267
El Salvador Center, (714) 647-6558

| DAY | TIME | DATE |
|----------|--------------------|---|
| Tue | 7:00 PM - 8:30 PM- | Memorial Center, 2102 S. Flower St., Santa Ana |
| Mon, Wed | 7:00 PM - 8:30 PM- | Salgado Center, 706 N. Newhope St., Santa Ana 6/4 - 8/15 |
| Mon, Wed | 5:00 PM - 6:15 PM- | Salgado Center, 706 N. Newhope St., Santa Ana 8/20 - 8/29 |
| Thu | 5:30 PM - 6:45 PM- | El Salvador Center, 1825 W. Civic Center Dr., Santa Ana |